

SCIENCE BASED NUTRITION HEALTH ANALYSIS



Dr. Mayer offers an objective, in-depth **Science Based Nutrition™** health analysis. This is a laboratory (i.e. blood, urine, etc.) based personalized report that includes a copy of all of your test results, an explanation of what these tests mean, and a complete list of the nutrients, vitamins, dietary requirements and other lifestyle changes necessary to start your journey back to health!

Below are some of the key features that set this analysis apart from others:

- Individualized supplement recommendations & dosages specific to test findings, age, sex, & weight of the patient
- Correlation of drug side effects with patient test finding
- Dietary recommendations, including foods to avoid and meal planning suggestions
- Comparison of current and previous test results on the same page
- Incorporates multiple factors for each condition or diagnosis, including the patients symptoms, medications, and laboratory tests
- Individual, drug-free health recommendations to promote optimal health are based on imbalances and dysfunction identified from the test results.

No general screening test is more efficient, effective and affordable than a comprehensive blood chemistry panel. It allows the healthcare provider to establish a baseline of biomarkers to track your health and nutritional needs. Getting a blood test is essential to understanding your health.